

Events and Learning Opportunities

Date and Time (AWST)	Event Name	Location / Access	Information
Events, conferences and live webinars			
Fridays during WA school terms, 7:15 am AWST	<u>Midwest GP Network Friday Breakfast Sessions</u>	Geraldton In person and online	Weekly education and professional connection for Midwest doctors of all specialties and medical students. Live attendance is open to non-members, with RACGP and ACRRM CPD available.
22 July 2026, 5:00–6:00 pm AWST	<u>Not all wounds are visible: Understanding moral injury and PTSD in doctors</u>	Online Live webinar	A Doctors Health Alliance webinar with Associate Professor Jill Benson AM on recognising and responding to moral injury and post-traumatic stress in doctors.
29–31 July 2026	<u>The Heart of Medicine Global Gathering</u>	Yulara, Central Australia In person	An international gathering exploring humane, compassionate and sustainable healthcare for patients and health professionals.

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1 August 2026	<u>Rural GP/RG IMG Doctor Retreat</u>	Glenelg, South Australia In person	Doctor-specific retreat addressing work-life balance, resilience, professional isolation and peer connection for rural and internationally trained doctors.
15–16 August 2026	<u>Aboriginal Health Conference 2026</u>	Perth In person	Rural Health West conference exploring wellbeing, community strength, Aboriginal knowledge systems and connection to Country. Relevant to culturally safe support for WA's rural and remote health workforce.
17–18 August 2026	<u>National Health Workforce Summit and Healthcare Workplace Safety Conference</u>	Melbourne In person	Relevant to workforce sustainability, retention, workplace safety, culture and system-level wellbeing reform.
18–19 August 2026	<u>WA Mental Health Conference 2026</u>	Pan Pacific Perth In person	WA's major mental health sector conference, supporting local connection, learning and cross-sector collaboration.

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19 August 2026	<u>Treating the doctor-patient – with confidence: The Ts and Ss Model</u>	Online Live webinar Time to be confirmed	Doctors Health Alliance webinar with Dr Sarah Newman. Particularly relevant for GPs caring for doctors and medical students.
4–5 September 2026	<u>Creative Careers in Medicine Conference – Metamorphosis</u>	QT Gold Coast In person	For doctors interested in career flexibility, professional identity and sustainable pathways within and beyond traditional clinical roles.
5 September 2026	<u>Retreat to Wellness Escape</u>	Location to be confirmed In person	Restorative day incorporating reflection, grounding, meditation, movement and journalling. Check availability before listing.
28–30 September 2026, begins 4:00 pm AWST	<u>International Conference on Physician Health 2026</u>	London In person and online	Major international conference dedicated to physician and medical student health, including system change, culture, leadership, diversity and challenging practice environments.

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28–29 September 2026	<u>Neurodivergence Wellbeing Conference</u>	Gold Coast In person	Relevant to inclusion, workplace adjustments and psychologically safe education and employment for neurodivergent doctors and students.
10 October 2026, 8:00 am–4:30 pm AWST	<u>ADHD WA 2026 Conference – The ADHD Overlap</u>	Optus Stadium, Perth In person, livestream and post-event recording	Explores ADHD and coexisting conditions. Relevant to doctors and medical students with ADHD, clinicians supporting neurodivergent colleagues, and neuroinclusive workplaces.
12–13 October 2026	<u>Indigenous Wellbeing Conference</u>	Canberra In person	Indigenous-led conference on culture, health, policy and wellbeing, with relevance to culturally safe workforce support.
14 October 2026	<u>A focus on leadership – ensuring safety</u>	Online Live webinar Time to be confirmed	Doctors Health Alliance webinar with Professor Leanne Rowe on psychological safety, medical leadership and organisational responsibility.

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14–16 October 2026	<u>Global Mental Health Summit 2026</u>	Optus Stadium, Perth In person	International summit in Perth addressing resilience, equity, culturally responsive care and integrated mental health systems.
21–24 October 2026	<u>Whole Hearted Medicine – Spicers Tamarind Retreat</u>	Sunshine Coast hinterland In person	Reflective and regenerative retreat for doctors in, or moving towards, leadership roles. Check availability before listing.
28–30 October 2026 AWST	<u>American Medical Association Peer Support Workshop</u>	Chicago, USA In person	Intensive workshop for health services establishing or strengthening evidence-informed peer support programmes.
31 October 2026, 6:30 pm–midnight AWST	<u>MEDBALL26</u>	The Westin Perth In person	WA medical community gala celebrating doctors and medical leadership. Awards include the DHASWA Doctors' Health Champion of the Year

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4–6 November 2026	<u>Rural Mental Health Conference 2026</u>	Gold Coast In person	Broader rural mental health conference with relevance to geographically isolated communities and rural workforce partnerships.
13–15 November 2026	<u>Be Chill CPD: Doctors' wellbeing retreat</u>	Caves Beach, New South Wales In person	Doctor-specific weekend focused on restoration, mindfulness, connection, burnout prevention and professional growth.
14–16 November 2026, program begins 9:00 pm AWST on 14 November	<u>Well-Being for Doctors International Conference 2026</u>	Valencia, Spain In person only	International conference on evidence-based physician wellbeing and system-level change. WA participants should note the late-evening and overnight equivalent times.
14–17 November 2026	<u>Whole Hearted Medicine – Edge of the Bay.</u>	Tasmania In person	Mindfulness and wellbeing retreat developed specifically for doctors.

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23–24 November 2026, 5:30 am–2:00 pm AWST	<u>Pride in Practice Conference 2026</u>	Melbourne In person and on demand	Australia’s national LGBTQ+ workplace inclusion conference. Relevant to medical leaders, educators and health services working to create safer, more inclusive workplaces. Sessions are recorded for on-demand pass holders.
American Medical Association (AMA)– Journey to Joy in Medicine webinar series			
On demand	<u>AMA: Journey to Joy in Medicine – Assessment</u>	Online Free recording	The assessment pillar explores how health services can measure clinician wellbeing and use findings to guide improvement. Speakers: Nicole Escobedo, senior director of clinician well-being, Jefferson Health; and Christopher Notte, MD, MBA, senior vice president, Jefferson Medical Group, and chief medical officer for culture and well-being, Jefferson Health.
23 June 2026	<u>AMA: Journey to Joy in Medicine – Commitment</u>	Online Free recording	The commitment pillar considers how visible organisational commitment can support sustained change. Speakers: Amanjot Sethi, MD, director of wellness operations; and Ellie Farahabadi, MD, associate executive director, The Permanente Medical Group.

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14 July 2026	<u>AMA: Journey to Joy in Medicine - Efficiency</u>	Online Free recording	Practical approaches to reducing avoidable work and improving the efficiency of clinical environments. Speakers: Alexander Ding, MD, MS, MBA, former enterprise deputy chief medical officer, Humana; Irshad Siddiqui, MD, director of physician strategy, primary care, Humana/CenterWell; and Sarah Grenat Cowley, associate director of clinical strategy, Humana.
11 August 2026	<u>AMA: Journey to Joy in Medicine - Teamwork</u>	Online Free recording	Examines teamwork as a foundation for clinician wellbeing and a healthier practice environment. Speaker: Sapna Singh, MD, chief medical officer, Texas Children's Pediatrics.
1 September 2026	<u>AMA: Journey to Joy in Medicine - Leadership</u>	Online Free recording	Explores leadership behaviours and organisational approaches that improve professional satisfaction and reduce burnout. Speaker: Nigel Girgrah, MD, PhD, chief wellness officer, Ochsner Health.
22 September 2026	<u>AMA: Journey to Joy in Medicine - Support</u>	Online Free recording	Focuses on organisational support as a core pillar of physician wellbeing. Speaker: Lisa MacLean, MD, chief clinical wellness officer, Henry Ford Health.

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Online Courses, Recordings and Ongoing Learning

WA and Rural Professional Connection

Events added regularly	<u>Rural Health West Health Professionals Networks</u>	Regional WA In person and online	Free local education, peer connection and networking across the Kimberley, Pilbara, Goldfields, Midwest–Gascoyne, Wheatbelt, Great Southern and South West. Useful for rural doctors and students seeking local professional connection.
On demand	<u>Coping with Mortality</u>	Midwest GP Network Local resource	Rural GP discussion about unexpected patient deaths, grief, reflection, peer support and the emotional weight of adverse outcomes in close communities.
On demand	<u>When things go wrong: Navigating adverse events, complaints and notifications</u>	Online Free recording	Recorded session on distress, shame, the “second victim” experience and supporting doctors after adverse events or regulatory processes.

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Self-paced	<u>Being a Dr4Drs</u>	Online	Training in maintaining personal health and providing confidential, appropriately boundaried care to doctors and medical students.
Ongoing resource	<u>Doctors' Health and Wellbeing Curriculum</u>	Online	A national curriculum and learning outcomes for medical schools, training organisations, colleges, hospitals and educators.
Ongoing resource	<u>TEN: The Essential Network for Health Professionals</u>	Online	Screening, peer support and evidence-based tools for health professionals, including a program focused on navigating burnout.
Self-paced	<u>TEN: Navigating Sleep and Shiftwork</u>	Online	Practical education on sleep and shiftwork, particularly relevant to junior doctors and hospital clinicians.
Self-paced	<u>AMA: Physician Burnout and Wellness CME Course</u>	Online	Covers burnout prevention, professional culture, medical education and reducing cognitive and team burden.

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On demand	<u>RACGP Mandatory Reporting webinar</u>	Online	Explains mandatory reporting and the WA treating-practitioner exemption, helping correct misconceptions that can delay help-seeking.
Self-paced	<u>Mental Health First Aid for Health Professional Students</u>	Online	Training for medical and other health professional students in early recognition, peer support and crisis response.
On demand	<u>Drs4Drs webinar collection</u>	Online	Includes sessions on burnout, student mental health, depression and anxiety, notifications and complaints, and dealing with death in medicine.
On demand	<u>AMA STEPS Forward Innovation Academy library</u>	Online	Organisational education on physician burnout, resident wellbeing, human factors and health-system change.
Self-paced	<u>Black Dog Institute Health Professionals Learning Hub</u>	Online	Evidence-based webinars and modules for GPs and allied health professionals, including mental health and burnout resources.

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Neurodiversity and Disability			
On demand	<u>Empowering Neurodivergent Registrars</u>	Online	GP Supervision Australia resources for neurodivergent registrars, supervisors and educators, covering strengths-based supervision, executive functioning, workplace adjustments and examination accommodations.
Ongoing resource	<u>Autistic Doctors International</u>	Online	A free neurodiversity-affirming community for autistic doctors and medical students, providing peer connection, education, advocacy and research.
Quarterly online meetings	<u>Supporting Neurodivergence in Health Professions Education</u>	Online	A collaborative group for educators and practitioners developing and sharing evidence-based approaches for neurodivergent learners, clinicians and educators. ANZAHPE membership is required.
Ongoing resource	<u>Helping Neurodivergent Doctors Thrive</u>	Online	Evidence-informed guidance and practical tools for neurodivergent doctors, supervisors and employers, including reasonable adjustments, communication and inclusive training environments.

Date and Time (AWST)	Event Name	Location / Access	Information
Ongoing resource	<u>Supporting doctors and medical students with disability.</u>	Online	Outlines the case for equity, inclusion and reasonable support for doctors and medical students with disability, and recognises the value of lived experience in the medical workforce.
LGBTQIA+ Support, Networks and Training			
Ongoing resource	<u>Pride in Medicine</u>	Online	Support, connection, advocacy, education and mentorship for LGBTQIA+SB doctors, medical students and allies.
Ongoing resource	<u>Drs4Drs LGBTQIA+ resources</u>	Online	Profession-specific links to inclusive support services, medical networks and education. The confidential 24/7 Drs4Drs line is 1300 374 377.
Ongoing resource	<u>Australian Lesbian Medical Association (ALMA).</u>	Online	A network for lesbian and queer women and non-binary doctors and medical students across Australia and Aotearoa New Zealand, offering connection, mentorship and support.

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Ongoing resource	<u>AMSA Queer</u>	Online	Australia's largest network for LGBTQIA+ medical students, providing peer connection, advocacy, resources, webinars and a private community space.
Training by arrangement	<u>Living Proud – Opening Closets</u>	WA-based Workplace and mental health training	Tailored LGBTQIA+SB inclusion training for organisations, including practical strategies to improve workplace safety, accessibility and support.
Training by arrangement	<u>SHQ LGBTQIA+ Diversity Training</u>	WA-based In person and online training	Interactive training to increase knowledge and confidence in working inclusively with LGBTQIA+ clients, colleagues and communities.

Date	Event	Description
Awareness Dates		
5 – 12 July 2026	<u>NAIDOC Week</u>	An opportunity to highlight Aboriginal and Torres Strait Islander doctors, culturally safe help-seeking and Indigenous-led wellbeing.
24 July 2026	<u>International Self-Care Day</u>	A useful date for realistic self-care messaging while acknowledging that doctor wellbeing also requires system-level change.
3–9 August 2026	<u>Loneliness Awareness Week</u>	A prompt to discuss professional isolation, rural doctors, IMGs, sole practitioners and the value of collegial connection.
10 September 2026	<u>World Suicide Prevention Day</u>	An important opportunity for safe suicide-prevention messaging and promotion of confidential pathways to care for doctors.
10 September 2026	<u>R U OK?Day</u>	A prompt for practical peer conversations in medicine and guidance on connecting colleagues with appropriate professional care.

Date	Event	Description
17 September 2026	<u>World Patient Safety Day</u>	An opportunity to connect patient safety with staff safety, fatigue, psychological safety and just culture.
October 2026	<u>National Safe Work Month</u>	Relevant to bullying, occupational violence, workload, fatigue, psychosocial hazards and employer responsibility.
3–10 October 2026	<u>WA Mental Health Week</u>	A strong period for a DHASWA event, webinar, doctor story, resource campaign or Doctors Access List promotion.
10 October 2026	<u>World Mental Health Day</u>	A timely focus on stigma, confidentiality, safe help-seeking and recognising doctors as patients.
11–17 October 2026	<u>National Carers Week</u>	An opportunity to recognise doctors who are also carers and the hidden caring load carried alongside clinical work.
November 2026	<u>Perinatal Mental Health Week</u>	A useful focus for medical parents, pregnancy and parental leave in training, return to work and perinatal mental health.

Date	Event	Description
3 December 2026	<u>International Day of Persons with Disabilities</u>	A prompt to address disability, chronic illness, disclosure, workplace adjustments and inclusive training pathways.

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