

## AUSTRALIAN SUPPORT GROUPS FOR DOCTORS AND MEDICAL STUDENTS

(as at 22 April 2020)\*

### GENERAL SUPPORT GROUPS (for doctors in Perth/Australia)

- **Connecting WA GPs is GPHQ:** GPHQ allows both established and establishing GPs in WA to connect, communicate and learn from each other in a secure, private, online community.  
Website: <https://www.gphq.com.au/>
- **GPs Down Under:** This is a Facebook social media page offering an online community for GPs in both Australia and New Zealand, providing a forum where doctors can network and chat in a supportive learning environment. It is for registered doctors only.  
There is a couple of good summaries of the group at <http://medicalrepublic.com.au/member-australias-underground-gp-college/7778> and <https://drjustincoleman.com/2015/09/12/gpdu/>
- **Doctors with disabilities:** Doctors with Disabilities Australia is a body advocating for an inclusive profession, without regard to physical attributes.  
Website: <http://dwda.org.au/>

### FOR RURAL DOCTORS

- **Bush Support Services** (delivered by CRANA plus) offer a confidential telephone service for doctors and their families in remote and isolated locations.
- **Broome Docs.** This site is intended to provide a single source of up-to-date educational material for country doctors. <https://broomedocs.com/welcome-to-broome-docs/>
- **Rural Health West** have produced a '[Health & Wellbeing](#)' resource, which includes the contact details for a range of support organisations.

### FACEBOOK GROUPS

- **GPs Down Under:** Online community of GPs in Australia and New Zealand. A number of offshoot groups with special interests.
- **Doc 2 Doc -** Community of female doctors and doctors in training. Mission to support women through the journey from medical school to specialisation and beyond, in a supportive and interactive environment.
- **WA GP Registrars and New Fellows:** WA based GPs and New fellows.
- **Medical Mums and Mums to Be:** group for medical mothers, fathers and parents to be. Has a number of spin off groups including state based, book club, Mindful parenting groups.
- **Doctors with Depression and other mental health conditions:** Doctors only group who self identify as having depression or other mental health illnesses.
- **Bonded Medical Place Doctors and Students:** A group of medical students and doctors who are contracted to the Bonded Medical Placement Scheme to support each other and discuss all aspects of the contract.
- **Doctors & Fitness:** group for doctors to post their pictures/videos to inspire other doctors in fitness pursuits.
- **GP Jobs and all Healthcare and Medical in Australia:** Community for health professionals to find employment within Australia.
- **UK to Australia GP Group:** Group of GPs and GP trainees who have come, are in the process of coming to Australia, or thinking of coming to Australia from the UK.

- **Medical Education and Wellbeing Innovators:** This community is for medical professionals or those working with medical professionals to connect, share ideas, resources, seek feedback and inspire each other on all things medical education and wellbeing.
- **IMG Workforce Australia:** Group for IMGs working in Australia.
- **Creative Careers in Medicine:** An independent group for people interested in non standard careers in and around medicine.
- **GPHQ:** A private discussion group for WA GPs associated with GPHQ
- **Adopt a Healthcare Worker Western Australia:** Make a commitment to look after the health and wellbeing of healthcare workers in the COVID 19 environment. Support examples include check-ins, shopping, meals assistance and child care.

#### LGBTIQ+ GROUPS (for doctors in Australia)

- **Australian Lesbian Medical Association (ALMA):** The Australian Lesbian Medical Association (ALMA) was founded in 1999 for lesbian doctors, lesbian medical students and their partners.  
Website: <http://www.almas.org.au/>
- **Rainbow Doctors Australia:** A group for members of the LGBTIQ community who are medical students or doctors.  
Facebook: <https://www.facebook.com/groups/279153362114045/>

#### OTHER

- **Social Media and Critical Care (SMACC):** An international not for profit multidisciplinary critical care conference and twitter presence. <https://smacc.net.au/>
- **Balint Society of Australia and New Zealand:** Group sessions with a focus on clinical practice in medicine, with special reference to the health professional-patient or client relationship. Online and face to face meetings. <https://www.balintaustralianewzealand.org/about/>
- **Doctors for the Environment:** Association of medical professionals focused on promoting good health through care of the environment. <https://www.dea.org.au/about-dea/>

\*If you know of a good WA or Australian support group for Doctors and Medical Students not listed above then please send details to [manager@dhaswa.com.au](mailto:manager@dhaswa.com.au)